



aqua  
**ZUMBA**<sup>®</sup>

# HEAT UP THE POOL PARTY

**JUMP INTO THE  
LATIN-INSPIRED,  
EASY-TO-FOLLOW,  
CALORIE-BURNING,  
DANCE-FITNESS PARTY  
THAT MAKES WORKING  
OUT A SPLASH.**

*Washington Borough*



*Recreation*

## **FOR CLASS DETAILS**

CONTACT YOUR LICENSED ZUMBA<sup>®</sup> INSTRUCTOR:

**Danae Barretto & Carly Sopko**

**Phone: 908-246-1961 or 908-894-9716**

**Email: [zumbadanae@gmail.com](mailto:zumbadanae@gmail.com) or [Carlysopko@zoho.com](mailto:Carlysopko@zoho.com)**

Aqua Zumba<sup>®</sup> - Known as the Zumba "pool party," Aqua Zumba gives new meaning to the idea of an invigorating workout. Splashing, stretching, twisting, even shouting, laughing, hooting and hollering are often heard during an Aqua Zumba class. Integrating the Zumba formula and philosophy with traditional aqua fitness disciplines, Aqua Zumba blends it all together into a safe, challenging, water-based workout that's cardio-conditioning, body-toning, and most of all, exhilarating beyond belief.

**[zumba.com](http://zumba.com)**

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JOIN THE  
**party**<sup>™</sup>